



DELHI PUBLIC SCHOOL SIDDHARTH VIHAR

(under the aegis of DPS Society, East of Kailash)

From the Principal's Desk

"Explore the world with your mind wide open,
for every question asked is a step toward
a new discovery."

Dear Young Learners,

As the holiday season begins, I wish each
one of you a joyful, peaceful, and
meaningful break. This is a time to relax,
reflect, and truly enjoy the company
of your loved ones.

Summer vacation is a wonderful
opportunity to distress, rejuvenate,
and also engage in meaningful
activities that enrich your mind and
soul. As Holidays are not just about
rest—they're about togetherness.
Spend quality time with your parents,
play with your siblings, and most
importantly, cherish the company
of your grandparents. Listen to their
stories, learn from their experiences,
and show them how much you care.
These simple moments of love and
connection are the true essence
of family life.





Use this time to step away from screens and get involved in real conversations and shared activities. Make the most of this precious time by spending quality moments with your family, exploring new interests, and learning something new each day. Remember, learning doesn't only happen in classrooms—it happens in kitchens, gardens, books, and even during thoughtful conversations with your loved ones. And while you are enjoying your break, do not forget your responsibility as a student. **Complete your holiday projects independently, with sincerity and creativity.** It's a wonderful opportunity to explore, think critically, and express yourself. Seek help only when truly needed, but let the ideas and efforts be your own.

Let this summer be a time of joy, bonding, learning, and reflection. I look forward to seeing all of you after the break—energized, wiser and full of stories to share.

Dear Parents,

This summer, let us work hand-in-hand to ensure our children use their time productively. Encourage them to take up hobbies, read regularly, and engage in daily household responsibilities. Help them develop habits of self-discipline, kindness, and gratitude. Most importantly, motivate them to complete their holiday homework with their own efforts, instilling a sense of responsibility and ownership in their work.

Warm Wishes,

Ms. Vandana Midhaa

Principal

"The world is full of wonders waiting to be understood dare to ask, learn, and explore beyond the known."

Stay healthy, happy, and blessed!



DELHI PUBLIC SCHOOL, SIDDHARTH VIHAR

(under the aegis of Dps Society, East of Kailash, New Delhi)

**SUMMER
HOLIDAY HOMEWORK
THEME
HEALTHY LIVING
GRADE VI**

SESSION 2025-26



**Chips, burger, cold drink
make your stomach sphere.**

**Dieting is a good thing,
like morning fresh air.**

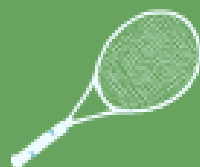
**Always drink water,
it can save you from sun.**

**If you will do this,
you can go everywhere with your mum.**

**Always do exercise,
it is good for health.**

**Health is more important,
then any kind of wealth.**

Eat healthy and stay healthy.





ENGLISH HOLIDAY HOMEWORK

Theme: Healthy Living



1.OBJECTIVE: To enhance the students' imagination ,critical thinking and creativity.

2.GENERAL INSTRUCTIONS:

- Holiday homework should be neatly compiled and submitted in a folder.
 - Use A3 size sheet for writing book review.
 - Label the folder with your Name, Class, and Roll Number.
- Use pictures, drawings, and colors to make your work attractive.
 - Maintain clean handwriting and correct grammar.

3.JUDGEMENT CRITERIA: The marks will be awarded on the basis of the following:

- Creativity and Presentation
- Relevance to Theme
- Grammar and Language
- Voice modulation during the holiday homework presentation, correct pronunciation and enunciation while speaking.
- Effort and Neatness
- Timely Submission

SUBMISSION DATE: 04 JULY 2025

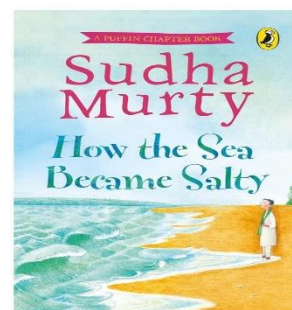
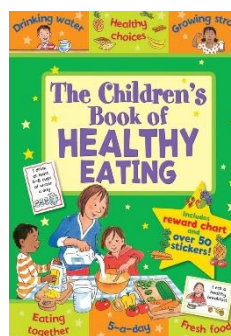
SKILLS INVOLVED: This holiday homework aims at enhancing the following skills of the students.

- Creative Writing
- Speaking and Listening
- Vocabulary Enrichment
- Research and Observation
- Artistic Expression

Write the book review on any one of the following books by using A3 size sheet which includes the following:
Summarize the story - What happened in the story?

- Discuss the characters - Describe who was in the book and what their roles were,you can choose your favorite character.
 - Likes & dislikes - What did you like about the book? ...
 - Illustrations - How were the illustrations?

I.(<https://amzn.in/d/fnPOjaz>) , II. (<https://amzn.in/d/1oP8fve>)



The Big Screen is Calling: Watch kid-friendly movies that promote the theme of healthy living, either through physical activity, good nutrition, mental well-being, or positive habits.(Example- Few of the movies are-Wall-E, Ratatouille, Inside Out, The Lorax etc.)

Make a mind map of the movie watched by you. Which includes the following:



***Major Character/s**

***Genre**

***Plot (10 Pointers)**

***Take away**

Textbook- POORVI Unit 1: Fables and Folk Tales

- 1. Rama to the Rescue - Read the chapter thoroughly. Make the mind map of the story adding the Main characters, Setting, other characters, Problem, Solution in your own innovate style.**

Unit 2: Friendship

- 1. A Friend's Prayer (writing)- Read the poem and write a short paragraph of about 80 words describing how your friendship with your best friend started. Mention everything - When ? Where? How? Did you meet Also, give a suitable title to your paragraph**



Reading Comprehension - Excellence in English

- 1. Practice worksheets (5-10)**
- 2. Gap filling worksheet.**

ग्रीष्मकालीन गृहकार्य-HINDI

विषय -स्वस्थ रहन -सहन

प्रिय छात्रों

एक स्वस्थ जीवन शैली एक खुशहाल और पूर्ण जीवन की नींव है। इसी बात को ध्यान में रखते हुए दिए गए कार्य को पूर्ण करे -

1-स्वस्थ रहने के लिए किन -किन आदतों को अपनाना चाहिए किन्हीं आठ आदतों का A3 साइज़ शीट पर चित्र सहित वर्णन कीजिए।

2-“स्वस्थ ही जीवन है”पर एक सुंदर अनुच्छेद लिखें।

उद्देश्य -

- 1- शारीरिक स्वास्थ्य में सुधार
- 2 -मानसिक स्वास्थ्य में सुधार
- 3 -रोगों से रोकथाम
- 4-जीवन की गुणवत्ता में सुधार

सामान्य निर्देश -

1-A-3 शीट पर चित्रों सहित वर्णन।

2 -गृहकार्य को साफ-सुथरे ढंग से एक फोल्डर में संकलित करें और जमा करें।

3-फोल्डर पर अपना नाम, कक्षा और रोल नंबर अवश्य लिखें।

4 -कार्य को आकर्षक बनाने के लिए चित्रों, ड्राइंग्स और रंगों का प्रयोग करें।

5-सुंदर लेखन, साफ-सुथरी लिखावट और सही व्याकरण का ध्यान रखें।

जमा करनेकी अंतिम तिथि - 4 जुलाई 2025

मूल्यांकन मानदंड: निम्नलिखित आधारों पर अंक दिए जाएंगे:

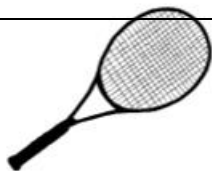
- रचनात्मकता और प्रस्तुति
- विषय से संबंधितता
- व्याकरण और भाषा
- प्रयास और साफ-सफाई
- समय पर जमा करना

विकसित होने वाली क्षमताएं:

इस अवकाश गृहकार्य का उद्देश्य छात्रों में निम्नलिखित कौशलों को बढ़ावा देना है:

- रचनात्मक लेखन
- बोलने और सुनने की क्षमता
- शब्दावली विकास
- शोध और अवलोकन क्षमता
- कलात्मक अभिव्यक्ति

छात्र संतुलित आहार, पर्याप्त नींद, योगा पर्याप्त नींद,तनाव प्रबंधन,आदि को अपनाकर अपनी जीवनशैली की गुणवत्ता में सुधार कर सकेंगे।



MATHAMATICS HOLIDAY HOMEWORK

OBJECTIVE:

1. Promote Awareness of Healthy Living
2. Apply Mathematical Concepts to Real Life
3. Develop Data Interpretation Skills
4. Support Goal Setting

Topic: Average Daily Steps Taken by Students in a Week

Scenario: A health club asked 5 students to track the **average number of steps** they walked each day over a week. The data is shown below:

Students	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aarya	6000	7500	8000	7000	9500	10000	8500
Karan	5000	6000	5500	7000	8000	7500	6500
Mehul	8000	8500	9000	9000	10500	11000	9500
Tara	4500	5000	5500	6000	7000	6500	6000
Zoya	7000	7500	7500	8000	9000	9500	8000

A. Bar Graph Work

1. Calculate the **average daily steps** for each student (add all 7 days and divide by 7).
2. Draw a **bar graph** to represent each student's **average daily steps**.
 - X-axis: Student Names
 - Y-axis: Average Steps
 - Title: "Average Daily Steps Taken by Students in a Week"

B. Data Analysis Questions

3. Which student walked the highest average number of steps per day?
4. How many more steps per day did Mehul walk on average than Tara?
5. The target for healthy activity is 8,000 steps per day.
 - a. How many students met or exceeded the target on average?
 - b. What percentage of students did not meet the target?

C. Predictive Thinking

6. If Tara increases her steps by 15% next week, what will be her new average?
7. Suppose each step burns 0.04 calories.
 - a. How many calories did Zoya burn per day on average?
 - b. How many did she burn in a full week?

GENERAL INSTRUCTIONS:

1. DATA COLLECTION:
 - Refer to the table of data showing the number of steps taken by each student across seven days of the week (Monday to Sunday).
 - Ensure you calculate the average daily steps for each student by adding the steps taken on all seven days and dividing by 7.
2. BAR GRAPH CONSTRUCTION:
 - On an **X-axis**, represent the **names of the students** (Aarya, Karan, Mehul, Tara, and Zoya).
 - On a **Y-axis**, represent the **average daily steps** (use a suitable scale, e.g., 1 unit = 1,000 steps).
 - Plot **bars** for each student showing the corresponding average daily steps.
 - Label each axis appropriately (e.g., "Students" on the X-axis and "Average Daily Steps" on the Y-axis).
 - Give your bar graph a **title**, such as "**Average Daily Steps Taken by Students in a Week**".
3. ANALYSIS AND INTERPRETATION:

- **Compare** the bar heights to determine which student took the most and least steps on average.
- **Answer the questions** based on your analysis:
- - Who took the highest/lowest average steps?
 - What is the difference in average steps between students?
 - Which students met the **healthy activity target** of 8,000 steps per day?

4. CALCULATIONS:

- **Find averages:** You'll need to calculate the average daily steps for each student.
- **Percentage calculation:** For students who did not meet the 8,000-step target, calculate the percentage of students who failed to meet the goal.
- **Predictions:** Use basic mathematical operations (like percentages) to predict how Tara's step count will change if she increases her steps by 15%.

JUDGEMENT CRITERIA:

1. Accuracy of Data Representation 3M
2. Graph Construction 2M
3. Data Analysis and Interpretation 2M
4. Predictive and Applied Thinking 1M
5. Neatness and Presentation 1M
6. Conclusion and Insights 1M

SKILLS INVOLVED:

1. Data Organization and Collection
2. Mathematical Calculations (average, percentage)
3. Graph Construction and Data Representation
4. Data Interpretation and Analysis
5. Problem-Solving (prediction, percentage calculation)
6. Communication and Presentation
7. Real-Life Application of Math
8. Critical Thinking and Evaluation
9. Attention to Detail

SUBMISSION DATE:

1. Date : 04-07-2025
2. Submission Instructions :
 - **Submit your bar graph** on an A4 sheet.
 - Ensure that your graph is **neat**, and that **axes are clearly labeled**.

Answer all the interpretation questions below the graph and show all **calculations** clearly.



FRENCH HOLIDAY HOMEWORK

OBJECTIVE: **Construisez votre plat sain.** Create a fun and visually appealing poster or a 3 D paper plate model showcasing healthy food items, labeled in French.

GENERAL INSTRUCTIONS:

- Use either a **paper plate** or **chart paper** as your base.
- Decorate creatively using **cutouts, drawings, stickers, or magazine clippings.**
- Include a **variety of healthy food items** (fruits, vegetables, grains, proteins, dairy, etc.).
- **Label each food item in French**, e.g., Apple – *la pomme*, Carrot – *la carotte*, Milk – *le lait*, Fish – *le poisson*
- Add a **title** to your project: **Les Aliments Sains.**
- You can refer to the image given below.

JUDGEMENT CRITERIA: Creativity, presentation, content accuracy, neatness, relevance of food items.

SUBMISSION DATE: 10 juillet

SKILLS INVOLVED: Vocabulary recognition, Design, layout, and presentation of food items, Categorizing healthy vs. unhealthy foods, Exposure to French language and healthy eating habits

SANSKRIT HOLIDAY HOMEWORK

1. Writing Practice

- Write **2 Shlokas** neatly on a chart paper/A 3 sheet from the *Subhashitani* section (from the textbook or any Sanskrit shloka book).
 - Learn each shloka with Hindi meaning.
 - Give the **meaning** in Hindi or English.

2. Vocabulary Building

- Make a **picture dictionary** of at least **15 Healthy foods (fruit, vegetables etc) in Sanskrit** (with English & Hindi meaning).
 - Example: कदलीफलम् (Kadaliphalam) – केला (Draw or paste the picture)

3. Grammar Practice

- Revise and write:
 - **Sarvanam Shabd** (pronouns) –सः, सा, तत् की तालिका (Table)
 - **Ling (Gender)** – Write 5 examples each of पुल्लिङ्ग, स्त्रीलिङ्ग, and नपुंसकलिङ्ग शब्द चित्र सहित
 - **Vachan (Number)** – Write 5 words each in एकवचन, द्विवचन तथा बहुवचन में ।

जैसे-लता लते लता:

4. Reading Practice

- Read any **one Sanskrit story** from your book or other source.
 - Write the **summary** in Hindi .

नोट- सभी कार्य A- 4 साइज शीट पर करें।

GERMAN HOLIDAY HOMEWORK

- GESUND LEBEN
- Make illustrative & informative chart or collage in notebook. Create a fun and visually appealing chart on “ Gesund Leben” healthy living in Germany . Include 2-phrases related to healthy living .
- **Gesundheit:** Health
- **Körper:** Body
- **Ernährung:** Nutrition/Diet
- **Sport:** Sport/Exercise
- **Stress:** Stress
- Healthy habits/unhealthy eating
- Make a mind map on what do you do for healthy living in your notebook in German . (Was machst du ,um Gesund zu bleiben)

JUDGEMENT CRITERIA: Creativity, presentation, content accuracy, neatness, relevance of food items.

SUBMISSION DATE: 10 juli

- **SKILLS INVOLVED:** Vocabulary recognition, Design, layout, and presentation of chart, Exposure to German language ,culture and its traditions. **Grammar practice-** Complete arbeitsbuch of Lektion -1&2 .

SPANISH HOLIDAY HOME WORK

La vida sana - Healthy living

Make a model of 'Qué hace la gente para mantenerse sana en España - what people do to keep themselves healthy in Spain'. You can choose any one important sports activity/ Yoga/ Meditation and write a few lines about it & draw or paste a few pictures and make a collage on A3 size sheet. Learn the new words and make a dictionary of the words you have learnt so far.

GENERAL INSTRUCTIONS:

Use either A3 size sheet/ chart paper as your base for the model.

Decorate creatively using cutouts, drawings, stickers, or magazine clippings.

JUDGEMENT CRITERIA: Creativity, presentation, content accuracy, neatness.

SUBMISSION DATE: 10 JULY 2025

SKILLS INVOLVED: Vocabulary recognition, Design, layout, and presentation of festivals with proper knowledge and understanding of what you have made. Exposure to Spanish language and knowledge of culture.

SCIENCE HOLIDAY HOMEWORK

OBJECTIVE: To enhance understanding of healthy living through healthy eating style.

GENERAL INSTRUCTIONS: Use drawings, magazine cut-outs or digital tool to make it creative.

POSTER MAKING - prepare a creative and healthy poster on the topics given below

Topic Options : 1. My Plate - A Balanced Diet

2. Say No To Junk Food

3. Drink Water And Stay Healthy

**Pictures given above are for reference.

2. Healthy Food vs Junk Food – Comparison Chart

- Create a two-column table:

Healthy Food

Provides vitamins and minerals

Boosts immunity

Examples: fruits, vegetables, nuts

Junk Food

High in sugar and fat

Causes weight gain

Examples: chips, soft drinks, candies

- Add at least 5–6 points with **illustrations or stickers**.

JUDGEMENT CRITERIA:

- Relevance to the topic - 3 marks
- Creativity & Presentation - 2 marks
- Use of Material (drawing, cut-outs etc) - 3 marks
- Neatness and effort - 2 marks

SUBMISSION DATE: 4 July 2025

SKILLS INVOLVED: 1. Creative thinking

2. Research & awareness

3. Artistic Skills

4. Communication

5. Time management



SOCIAL SCIENCE HOLIDAY HOMEWORK

OBJECTIVE:

To help students understand and adopt healthy habits during the summer season, while engaging in meaningful activities that promote physical, emotional, and mental well-being.

Topic: 1. My Summer Health Journal (2 weeks)

Maintain a **daily journal** for **14 days** recording:

- What you ate for breakfast, lunch, and dinner
 - How much water you drank
 - Any physical activity (e.g. cycling, swimming, yoga, etc.)
 - One healthy habit you followed
- Decorate your journal with stickers, drawings, or photos.

2. My Healthy Plate (Creative Activity)

Draw your version of a "**Healthy Plate**" showing what an ideal meal should look like (include vegetables, grains, fruits, proteins, and dairy).

Label each part and write **one benefit** of each food group.

GENERAL INSTRUCTIONS:

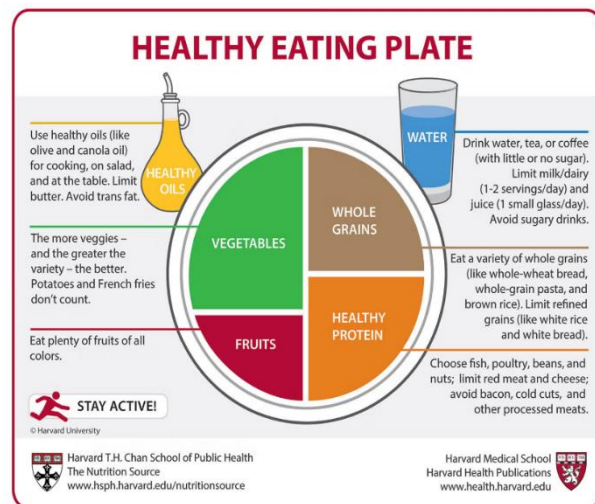
1. Use an A4 notebook or scrapbook.
2. Decorate and organize your work neatly.
3. Submit on the first day after the holidays.

JUDGEMENT CRITERIA:

1. Creativity & Neatness
2. Originality
3. Effort & Completeness

SUBMISSION DATE: 04 JULY 2025

- **SKILLS INVOLVED :** Understand the impact of food choices.
- Learn to analyze and reflect on their eating habits.
- Develop communication, observation, and presentation skills.



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June 2025

ANNOUNCEMENT

Dear Learners,
For the next 30 days(from 1 JUNE to 30 JUNE 2025), you will embark on a special journey of learning and personal growth. Each day, you will focus on one small skill or value-based task that will help you become a better, kinder, and more responsible person. After completing the task, take a few minutes to write about your experience in your special notebook(Hand-made Log book made of chart paper) YOU CAN STICK PHOTOS CLICKED TOO.

DAY-WISE PLAN

HAPPY LEARNING!

1 – Help your mother or father in any cleaning activity.

6 – Clean your shoes and school bag.

11 – Listen to someone without interrupting.

16 – Make your bed without being asked.

21 – Say “sorry” if you make a mistake.

26 –Help fold laundry or arrange clothes.

2 – Water the plants at home or school.

7 – Write a thank-you note to your teacher.

12 – Pick up litter and throw it in the bin.

17 – Call or talk to your grandparents.

22 – Learn and say a new positive word today.

27 – Write down three things you’re grateful for.

3 – Organize your study table or bookshelf.

8 – Help a younger sibling or friend with homework.

13 – Say “good morning” and “good night” to your family.

18 – Draw a card for someone you care about.

23 –Give your seat to someone who needs it more.

28. Spend 10 minutes in quiet time with no screen.

4 – Say “thank you” to someone who helps you.

9 – Switch off unnecessary lights and fans.

14 – Read a story and share its message.

19 – Take care of your belongings.

24 – Practice deep breathing for 2 minutes.

29 – Ask someone how their day was –and listen.

5 – Feed a bird or animal (safely and kindly).

10 – Share your toys or snacks with someone.

15 – Give a genuine compliment to someone.

20 – Respect someone else’s opinion.

25 – Say something kind to yourself in the mirror.

30 – Helping Mom in kitchen to cook a dish ..

ASK YOURSELF

- What did I learn today?
- How did it make me feel?
- Would I like to do this again?

30-Days Value-Based Skill Challenge



At the end of 30 days, you’ll have a beautiful little book full of your kind actions and lessons. These small acts make a big difference – for you and the world.