



DELHI PUBLIC SCHOOL SIDDHARTH VIHAR

(under the aegis of DPS Society, East of Kailash)

From the Principal's Desk

Presence over Presents- Investing in our Children the Right Way

Dear Parents and Guardians,

In our relentless pursuit of giving our children the best, we often equate love with the things we can provide.

We strive to gift them the finest education, the latest gadgets, and every possible opportunity to succeed.

While these gestures stem from care and good intentions, we must take a moment to ask ourselves—are we truly investing in our children, or simply investing for them?





There is a profound
difference between the two.

Investing for our children means ensuring they have material comforts and physical needs met. It's an important part of parenting, no doubt. But **investing in our children**—that's where the real magic happens. This means being emotionally available, involved in their daily lives, and consciously present in their world. Too often, our schedules leave little room for connection. Between work deadlines, household chores, and social commitments, our time with our children becomes fragmented. But let us not underestimate the power of **presence**. Unlike any toy or gadget, **your presence provides your child with a sense of security, love, and self-worth**—the foundations of lifelong well-being.



Why Quality Time Matters

Children do not remember every toy they received, but they remember how we made them feel. They remember bedtime stories, not bedtime rushes. They remember conversations at the dinner table, not the cost of the food on it. Quality time doesn't need to be long or extravagant. A short walk, a heart-to-heart chat, a board game, or even involving them in cooking a meal can create memories and bonds that last. What matters is being present, undistracted and emotionally available.



A Simple Engagement Plan for Parents

Here are a few small, consistent steps we can take to stay engaged and invest meaningfully:

1. **Device-Free Time:** Set aside at least 30 minutes each day where all devices are put away. Focus on each other.
2. **Listen More:** When your child talks, pause and really listen. Let them know their voice matters.
3. **Create Rituals:** Weekly family game nights, evening walks, or Sunday breakfasts—make them non-negotiable.
4. **Be Curious:** Ask about their day, their feelings, their thoughts. It shows you care.
5. **Celebrate Small Wins:** Acknowledge effort, not just results. It builds confidence and encourages growth.



The Power of Presence

We live in a world where "busy" has become a badge of honor. But let us not be so busy making a living that we forget to make a life —with our children. **Presence can do wonders that presents simply cannot.**

Being emotionally present provides the security that no material gift ever could. It tells your child: ***You are important. You are loved. You matter.***

As educators, we strive to nurture well-rounded, emotionally balanced students. But we know this process begins at home. Your involvement and connection with your child shapes not only their self-esteem but also their ability to connect with the world around them.



Let us together commit to what truly matters
—**time, attention, love, and presence.**

Thank you for being the heart of your child's world. The greatest gift you can offer them is not wrapped in paper, but in your time, your attention, and your unwavering love.

Warm regards,
Ms. Vandana Midhaa
Principal
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